

Social Worker Snippets January 2018!



Am I the only one who cannot believe it is 2018?!?!?!? How does time just keep going without us knowing? The new year is often a time when people make New Year's resolutions. This year, we are encouraging the use of the 7 Habits at home by asking your family to create a WIG. A WHAT? A (W)ildly (I)mportant (G)oal. Please make sure you read over the information sent home with your child regarding details of this WIG!

Please keep an eye out for information on our next family night. We had so much fun and received GREAT feedback from both math and art nights, so come join us for our February Family Movie Night. We will be popping popcorn, having hot chocolate, and watching a movie. Bring a blanket or chair!! More details coming soon.



In January, please watch out for information coming home for students to attend a student-led grief group (supervised by me) to sign your child up to attend this group. Thank you!

Please help us with helping kids to be empathetic to others. Many of our students, maybe yours included, have experienced some awful things in their lives which leads to them feeling different. When other people are mean to them, it makes them feel worse. Please talk with your children about how to be kind to all people, regardless of how they look, what they say, or how different they are from us. For some kids, school is where they feel the safest and we want to ensure them they are safe here at school. How can you help? The first thing is by role modeling empathy and kindness yourself. Additionally, you can encourage your child to put themselves in someone else's shoes if you hear them talking negatively about another person. If your children exhibit prejudices or feelings about another culture or religion, talk with them about the importance of celebrating differences as well as finding what we all share in common.